

20
24

Solomon Island Taekwondo Training Camp

FOR NATIONAL
DEVELOPMENT PROGRAM



Table of Contents

1.	Introduction	3
2.	Key Contacts for World Taekwondo.....	3
3.	Key Contacts for Solomon Islands.....	3
4.	Venue.....	4
5.	Accommodation	4
6.	Equipment.....	4
7.	Program	5
8.	Transportation	7
	Appendix 1 – Participation Form for 2024 WT Joint Training Camp in SOL	8
	Appendix 2 – Participation Form for 2024 Olympic Qualification Tournament	9



1. Introduction

1.1. Objectives

World Taekwondo (“WT”) in cooperation with the Olympic Solidarity (“OS”) Program of the International Olympic Committee (“IOC”) wishes to revitalize the sport of Taekwondo and promote youth athletes’ participation at the Brisbane 2032 Olympic Games. For this project, World Taekwondo wishes to focus on the small island nations in Oceania.

To prepare for this project, the Member National Associations of World Taekwondo (“MNAs”) and National Olympic Committees (“NOCs”) should seek support to provide appropriate country-specific training to the IOC OS team.

This time, the Solomon Islands Training Camp will be held in Honiara, Solomon Islands with six (6) countries accepted from Oceania.

The highlight of this camp is Professor Jeong-Woo Jeon of Kyung Hee University, who served as the coach of the 2004 Olympic national team in Korea, and coach Lee Dong-wan, who served as coach of the Chinese national team, Taiwanese national team, and Hong Kong and Korean national teams.

The two coaches mentioned above are the best coaches in Korea and will have a positive impact on the Oceania training camp.

2. Key Contacts for World Taekwondo

Name	Position	Contact Information
Ms. Seungmin Lee (Monika)	Head of Member Relations & Development	member@worldtaekwondo.org T +82-2-3420-1446 M +82-10-7669-7997
Mr. Woongki Kim (Leo)	Assistant Manager of Member Relations & Development	member@worldtaekwondo.org T +82-2-3420-1446 M +82-10-5334-9828

3. Key Contacts for Solomon Islands

Name	Position	Contact Information
Melinda Avosa	Secretary General NOCSI	Email: melinda.avosa@nocsi.org.sb / melsavosa@gmail.com T +677 24116 M +677 7877772
Derick Afu	President NF Taekwondo	Email: derekafu@gmail.com M +677 7476045
Wesley Taloga	Secretary General NF Taekwondo	Email: wtaloga@gmail.com M +677 7687028

4. Venue



Fig. 1. Images of the venue for the training camp

Venue Name	Venue Address	Contact Information
SIFF Academy	C/- SI Football Federation	Email: lpaiia@siff.com.sb T +677 26496 M + 677 7300645

5. Accommodation

Venue Name	Venue Address	Contact Information
Henderson Gateway Lodge <i>(Yet to be confirmed)</i>	Henderson Crossroad, East Honiara	M + 677 7530500

6. Equipment

General training equipment will be provided by the KPNP company. All athletes participating in the training camp are required to prepare their personal equipment as per the following list:

- Shin guards
- Arm guards
- Groin protector
- Mouth guard
- Sensing socks
- Taekwondo gloves



7. Program

[Subject to change]

Date	Time	Description	Location	Notes
Jan 20 (Sat)	Whole day	Arrival of teams		
	09:00-11:00	Registration	<i>Hotel lobby</i>	
Jan 21 (Sun)	11:00-13:00	Opening ceremony with lunch	<i>SIFF Academy</i>	
	17:00-19:00	Dinner	<i>Palm Sugar</i>	
Jan 22 (Mon)	07:00-9:00	Breakfast	<i>Palm Sugar</i>	
	10:00-12:00	Physical exercise	<i>SIFF Academy</i>	
	13:00-14:00	Lunch	<i>Palm Sugar</i>	
	15:00-18:00	Professional technical training	<i>National Indoor Sport Complex</i>	
	19:00-20:00	Dinner	<i>Palm Sugar</i>	
	20:00-21:30	Individual training with team coach	<i>National Indoor Sport Complex</i>	
Jan 23 (Tue)	07:00-9:00	Breakfast	<i>Palm Sugar</i>	
	10:00-12:00	Physical exercise	<i>SIFF Academy</i>	
	13:00-14:00	Lunch	<i>Palm Sugar</i>	
	15:00-18:00	Professional technical training	<i>National Indoor Sport Complex</i>	
	19:00-20:00	Dinner	<i>Palm Sugar</i>	
	20:00-21:30	Individual training with team coach	<i>National Indoor Sport Complex</i>	
Jan 24 (Wed)	07:00-9:00	Breakfast	<i>Palm Sugar</i>	
	10:00-12:00	Physical exercise	<i>SIFF Academy</i>	
	13:00-14:00	Lunch	<i>Palm Sugar</i>	
	15:00-18:00	Professional technical training	<i>National Indoor Sport Complex</i>	
	19:00-20:00	Dinner	<i>Palm Sugar</i>	
	20:00-21:30	Individual training with team coach	<i>National Indoor Sport Complex</i>	
Jan 25 (Thu)	07:00-9:00	Breakfast	<i>Palm Sugar</i>	
	10:00-12:00	Physical exercise	<i>SIFF Academy</i>	
	13:00-14:00	Lunch	<i>Palm Sugar</i>	
	15:00-18:00	Professional technical training	<i>National Indoor Sport Complex</i>	
	19:00-20:00	Dinner	<i>Palm Sugar</i>	



	20:00-21:30	Individual training with team coach	<i>National Indoor Sport Complex</i>
Jan 26 (Fri)	07:00-9:00	Breakfast	<i>Palm Sugar</i>
	10:00-12:00	Physical exercise	<i>SIFF Academy</i>
	13:00-14:00	Lunch	<i>Palm Sugar</i>
	15:00-18:00	Professional technical training	<i>National Indoor Sport Complex</i>
	19:00-20:00	Dinner	<i>Palm Sugar</i>
	20:00-21:30	Individual training with team coach	<i>National Indoor Sport Complex</i>
	Jan 27(Sat)	07:00-9:00	Breakfast
10:00-12:00		Sparing session	<i>National Indoor Sport Complex</i>
13:00-14:00		Lunch	<i>Palm Sugar</i>
14:00-TBD		Free time	
19:00-20:00		Team Dinner	<i>Palm Sugar</i>
Jan 28(Sun)	07:00-9:00	Breakfast	<i>Palm Sugar</i>
	10:00-12:00	City Tour	
	13:00-14:00	Lunch	<i>Palm Sugar</i>
	15:00-18:00	City Tour	
	19:00-20:00	Dinner	<i>Palm Sugar</i>
Jan 29 (Mon)	07:00-9:00	Breakfast	<i>Palm Sugar</i>
	10:00-12:00	Professional technical training	<i>National Indoor Sport Complex</i>
	13:00-14:00	Lunch	<i>Palm Sugar</i>
	15:00-18:00	Sparing session	<i>National Indoor Sport Complex</i>
	19:00-20:00	Dinner	<i>Palm Sugar</i>
	20:00-21:30	Individual training with team coach	<i>National Indoor Sport Complex</i>
Jan 30 (Tue)	07:00-9:00	Breakfast	<i>Palm Sugar</i>
	10:00-12:00	Professional technical training	<i>National Indoor Sport Complex</i>
	13:00-14:00	Lunch	<i>Palm Sugar</i>
	15:00-18:00	Professional technical training	<i>National Indoor Sport Complex</i>
	19:00-20:00	Dinner	<i>Palm Sugar</i>
	20:00-21:30	Individual training with team coach	<i>National Indoor Sport Complex</i>



Jan 31 (Wed)	07:00-9:00	Breakfast	<i>Palm Sugar</i>
	10:00-12:00	Professional technical training	<i>National Indoor Sport Complex</i>
	13:00-14:00	Lunch	<i>Palm Sugar</i>
	15:00-18:00	Sparing session	<i>National Indoor Sport Complex</i>
	19:00-20:00	Dinner	<i>Palm Sugar</i>
	20:00-21:30	Individual training with team coach	<i>National Indoor Sport Complex</i>
Feb 1 (Thu)	07:00-9:00	Breakfast	<i>Palm Sugar</i>
	10:00-12:00	Professional technical training	<i>National Indoor Sport Complex</i>
	13:00-14:00	Lunch	<i>Palm Sugar</i>
	15:00-18:00	Sparing session	<i>National Indoor Sport Complex</i>
	19:00-20:00	Dinner	<i>Palm Sugar</i>
	20:00-21:30	Individual training with team coach	<i>National Indoor Sport Complex</i>
Feb 2 (Fri)	07:00-9:00	Breakfast	<i>Palm Sugar</i>
	10:00-12:00	Professional technical training	<i>National Indoor Sport Complex</i>
	13:00-14:00	Lunch	<i>Palm Sugar</i>
	15:00-18:00	Sparing session	<i>National Indoor Sport Complex</i>
	19:00-20:00	Dinner	<i>Palm Sugar</i>
	20:00-21:30	Individual training with team coach	<i>National Indoor Sport Complex</i>
Feb 3(Sat)	07:00-9:00	Breakfast	<i>Palm Sugar</i>
	10:00-12:00	Team departure	

8. Transportation

The Local Organising Committee (LOC) shall be responsible for providing local transportation to all participants during the program including athletes, coaches, and guests.

Arrival and Departure Service - Shuttle Bus Operation

Shuttle bus schedules, if provided between the venue and accommodation, should be distributed to participants during hotel check-in and prominently displayed at both the hotel and venue.



Appendix 1 – Participation Form for 2024 WT Joint Training Camp in SOL

General Information

Member National Association (MNA):

Country:

Contact Information:

Please enter the contact information of the person in charge (i.e., email address and phone number)

Participants List

	Participant's Name	Role Athlete Coach	Date of Birth YYYY-MM-DD	Gender Male Female	Weight Category Ex. -55kg	Age	Contact Information Email Phone Number
1							
2							
3							
4							
5							
6							
7							
8							

Flight schedule

(Please purchase your ticket at your earliest convenience and kindly forward the itinerary along with the invoice to World Taekwondo at member@worldtaekwondo.org. Upon completion of the process, a reimbursement will be arranged accordingly)

	Date for Dep.	Time	Flight No.	Airport from	Airport to	Note
1.	e.g. 20 Jan. 2024	19:45	KE0407	ICN	BNE	
2.	e.g. 21 Jan. 2024	10:45	QF0357	BNE	HIR	
3.	e.g. 04 Feb. 2024	15:55	QF0358	HIR	BNE	
4.	e.g. 05 Feb. 2024	08:40	KE0408	BNE	ICN	
5.						
6.						
7.						



Appendix 2 – Participation Form for 2024 Olympic Qualification Tournament

General Information

Member National Association (MNA):

Country:

Contact Information:

Please enter the contact information of the person in charge (i.e., email address and phone number)

Participants List

	Participant's Name	Role Athlete Coach	Date of Birth YYYY-MM-DD	Gender Male Female	Weight Category Ex. -55kg	Age	Contact Information Email Phone Number
1							
2							
3							
4							
5							
6							
7							
8							

Flight schedule

(Please purchase your ticket at your earliest convenience and kindly forward the itinerary along with the invoice to World Taekwondo at member@worldtaekwondo.org. Upon completion of the process, a reimbursement will be arranged accordingly)

	Date for Dep.	Time	Flight No.	Airport from	Airport to	Note
1.	e.g. 04 Apr. 2024	19:45	KE0407	ICN	BNE	e.g.
2.	e.g. 05 Apr. 2024	10:45	QF0357	BNE	HIR	e.g.
3.	e.g. 07 Apr. 2024	15:55	QF0358	HIR	BNE	
4.	e.g. 08 Apr. 2024	08:40	KE0408	BNE	ICN	
5.						
6.						
7.						